

## **About Infection Control when you go to clubs, etc. (Revised on Sept. 15, 2020)**

The COVID-19 infection may spread at clubs, restaurants, karaoke places, and home parties.

If you feel sick after going to a club or a home party, please contact "One-Stop Consultation Center for Foreign Residents of Gunma" (027-289-8275).

★ Please follow the guidelines below when you go to clubs, home parties, and so on.

- Keep the social distancing of at least one meter. Two meters are desirable.
- Avoid speaking loudly (to prevent airborne infection).
- Avoid making physical contacts (hug, high five, etc.).
- Avoid drinking from the same cup by multiple persons. (Use separate glasses.)
- Avoid eating from the same plate by multiple persons. (Use separate plates.)
- Avoid getting carried away too much or drink too much.
- Wear a mask, except when you are eating/drinking/singing.
- Observe the limited number of people a karaoke place allows.
- Wash and disinfect your hands frequently such as when entering the store, before and after using the toilet, and before eating and drinking.
- It is safe to hold home parties only within the members of the same household.
- Downloading the COVID-19 Contact Confirming App (COCOA) is recommended.