

# COVID-19 Infection Prevention Measures



**Handwashing**



**Disinfection**



**Good  
Ventilation**



**Keep a physical  
distance**



**Avoid handshaking, high  
five, or a hug**



**Avoid chatting  
loudly**



**Avoid the 3C's**  
Closed spaces with poor ventilation  
Crowded places with many people nearby  
Close contact settings such as  
close-range conversations



**Definite no-no's are:**  
Dining in large groups,  
Sharing the plates



**Wear a mask properly.**  
**Cover your mouth & nose.**

COVID-19 Contact-  
Confirming Application



Google Play



App Store

**When you are under the weather, consult  
immediately by calling the number below.**

**Phone: 027-212-0010**

(Exclusive for Foreign Languages)

**0:00~24:00 365days**

**Coronavirus Hotline for Gunma Foreign Residents**