## 英語

## **What is a person with an underlying medical conditions?**

People with underlying medical conditions are defined as those who meet any of the following criteria (as of March 18th, 2021).

- 1. People with the following illness or conditions who receive outpatient or inpatient care.
  - 1. Chronic respiratory diseases.
  - 2. Chronic heart diseases (including high blood pressure).
  - 3. Chronic kidney diseases.
  - 4. Chronic liver diseases (liver cirrhosis, etc.)
  - 5. Diabetes under treatment with insulin or medication or Diabetes with other diseases.
  - 6. Blood diseases (excluding iron deficiency anemia).
  - 7. Diseases that weaken the immune function (including malignant tumors which are under treatment).
  - 8. Receiving treatment that weaken the immune function, such as steroids.
  - 9. Neurological diseases or neuromuscular diseases associated with abnormalities in immunity.
  - 10. Conditions in which body's functions are impaired due to neurological diseases or neuromuscular diseases.
  - 11. Chromosomal aberration.
  - 12. Severe mental and physical disabilities. (Combination of severe physical disabilities and severe intellectual disabilities)
  - 13. Sleep apnea syndrome.
  - 14. Severe mental illness. (hospitalized for treatment of mental illness, holding a mental disability certificate or falling under the category of "severe and continuous" in self-supporting medical care (psychiatric hospital care)) or intellectual disabilities (holding rehabilitation certificate))
- 2. Obese individual who meet the criteria (BMI standard of 30 or higher).
  - ※ BMI = Body Weight (kg) ÷ Height (m) ÷ Height (m)
  - ※ Guideline for BMI of 30: height of 170cm and weight of 87kg,

height of 160cm and weight of 77kg,